

Denton County Crisis Line: 1-800-762-0157

National Life Line: 1-800-273-8255

Crisis Text Line: Text "Home" to 741-741

Christian Community Action

<https://www.ccahelps.org/>

(972) 221-1224

200 S Mill St, Lewisville, TX 75057

FREE counseling sessions

No income requirements, also offers confidential, in-person or on-line

Come in to sign up in person with a photo ID Mondays-Thursdays from 9am-11am or 1-3pm at CCA. Enter the single glass door facing east at the Family Services office.

Cumberland

<https://www.cpch.org/treatmentservices>

Counseling for adults and children

(940) 382-5112 ext. 252 or intake@cpch.org

909 Greenlee St. Denton, TX 76201

Family Tree Counseling Program

(Family counseling at no cost for those eligible)

<https://www.familytreeprogram.org/>

(888) 837-0666 ext 2

(940) 387-7517

First Refuge

<http://firstrefugeministries.org/counseling>

(940) 213-3571

1701 Broadway St,

Denton, TX 76201

Friends of the Family

<https://www.dcfof.org/>

(Counseling for history of sexual assault/abuse, domestic violence)

24 hour crisis line: (940) 382-7273

Outreach office: (940) 387-5131

4845 S I-35 E, Suite 200

Corinth, TX 76210940-3

Health Services of North Texas

(Individual, couple, family, play therapy, group)

<https://healthservicesntx.org/services/behavioral-health>

Trauma Support Services of North Texas

www.tssnt.org

advocate@tssnt.org

(972) 709-4904

TWU (students only)

<https://twu.edu/counseling/>

TWU: Counseling and Family Therapy Clinic

<https://twu.edu/counseling-family-therapy-clinic/>

940-898-2600

In Woodcock Hall (formerly Human Development Building)

\$15-35 based on sliding scale

UNT: Child and Family Resource Clinic

(940) 565-2066

1180 Union Circle

Denton, TX 76203

UNT Counseling & Testing

(940) 565-2741

Office at Chestnut Hall Suite 311

UNTWell (Students only)

<https://untwell.unt.edu/>

940-565-3598

untwell@unt.edu

Located in Chilton Hall Room 131